

Mary Mammoliti



Instagram: @kitchenconfession

Bio

Mary Mammoliti—a culinary expert who is legally blind but knows her way around the kitchen! She is a speaker, disability advocate, TV and Podcast host, and the founder of Kitchen Confession, an online resource for easy, accessible and flavourful meals.



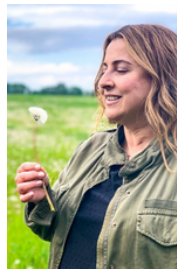
Mary's journey began when her eye condition- Retinitis Pigmentosa progressed and her eyesight deteriorated. Mary went from a career in finance to learning how to live life with less sight.

Born in Toronto and raised in a southern-Italian home, food was at the centre of everything; it's an expression of love. Mary believes that "Food heals us, unites us, and some of the most important conversations happen around a kitchen table." So Mary began to heal, by creating one recipe at a time.

At a point in her life when she felt the most vulnerable and helpless, cooking helped her regain her independence and renewed happiness. When she was in the kitchen - She was free from the worry that the condition was robbing her sight. "Food is Empowering!" - one of the many reasons Mary uses food to help others.

Mary's media appearances include The Marilyn Denis Show, Breakfast Television, Global News, Global TV's The Morning Show, and more. She's been published in Refinery29 "Are You Blind? Navigating A Socially Distanced World With A Visual Impairment", featured in The Kit and works on numerous brand collaborations, speaking engagements for the CNIB, AMI, eSight and more.

In April 2018 the Kitchen Confession Podcast was born and is now an AMI Original Podcast - where she interviews some of the most influential people in the food industry. She also loves talking about all things food which landed her a biweekly spot on the Kelly and Company radio show Most recently, on September 16, 2021 Mary's television show premiered! She is the host of Accessible Media Inc's (AM-tv) new series "Dish with Mary". In the eight episode series, she cooks alongside some of the country's top chefs. The show is the first of it's kind using IDV (Integrative Described Video) so every viewer can watch the same show together without voice over prompts.



Work with Mary

Mary's joyful attitude rubs off on anyone she encounters. Her positivity and creativity are breaths of fresh air and her courage is inspiring!

Her services include but are not limited to:

- Spokesperson & Brand Ambassador Work
- Branded TV and Radio Segments
- Live Cooking Demos
- On Stage Food Events
- Sponsored Travel, Events & Brand Promo
- Recipe Development
- Influencer Event Hosting
- Cooking Class Events

For more information or to book Mary please contact Jordie McTavish at jordie@plutinogroup.com or 416-358-6848